

F. I can call _____, _____ as other resources to be of support to me.

G. Other things I can do to help me feel stronger are _____ and _____

H. I can attend workshops and support groups at the domestic violence program or _____ or _____ to gain support and strengthen my relationship with other people.

Step 8: Items to take when leaving. When women leave partners, it is important to take certain items with them. Beyond this, women sometimes give an extra copy of papers and an extra set of clothing to a friend just in case they have to leave quickly.

Money: Even if I have never worked, I can legally take ½ of the funds in the checking and savings accounts (this may be untrue in certain states, so be sure to check). If I don't take any money from the accounts, he can legally take all money and/or close the accounts and I may not get my share until the court rules on it, if ever.

Items with asterisks on the following list are the most important to take. If there is time, the other items might be taken, or stored outside the home. These items might be placed in one location, so that if we have to leave in a hurry, I can grab them quickly. When I leave, I should have:

- *Identification for myself
- *Children's birth certificate
- *My birth certificate
- *Social security cards
- *school and vaccination records
- *money
- *checkbook, ATM cards
- *credit cards
- *keys - house/car/office
- *driver's license and registration
- *medication
- Welfare identification, work permits, green cards
- passport, divorce papers
- medical records - for all family members
- lease/rental agreement, house deed, mortgage payment book
- bank books, insurance papers
- small salable objects
- address book
- pictures, jewelry
- children's favorite toys and/or blankets
- items of special sentimental value